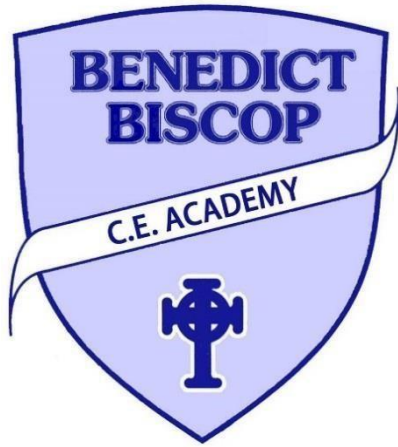




# Benedict Biscop CE Academy

## PHYSICAL DEVELOPMENT POLICY

|                          |                              |
|--------------------------|------------------------------|
| <b>Review Date:</b>      | <b>Autumn 2021</b>           |
| <b>Next Review Due:</b>  | <b>Autumn 2023</b>           |
| <b>Person in Charge:</b> | <b>Headteacher</b>           |
| <b>Governance:</b>       | <b>Chair of RA Committee</b> |

**Other policies that link and should be read in conjunction with this policy:**

- Teaching and Learning Policy
- Health and Safety Policy
- Risk Assessment Policy
- Inclusion Policy
- Education Visits and Risk Assessments

**Introduction**

The curriculum at Benedict Biscop CE Academy is based on Christian values, taught both explicitly and implicitly throughout the day and made real in our everyday lives.

The curriculum at Benedict Biscop CE Academy is organised throughout the school around areas of learning linked to the Early Years Foundation Stage plus Religious Education.

The Arts [Art, Dance, Drama, Music,]  
English/Communication and Language  
Mathematics/ Mathematical Development  
STEM [Science, Technology/Computing, Engineering, Mathematics]  
Humanities/Knowledge and Understanding [Geography and History]  
Personal Social and Emotional Development  
Physical Development [PE]

Physical Development is taught as a discrete subject where learning builds upon key skills which are developed across the curriculum.

Physical Development – Within the area of Physical Development the following will be taught through Team games, competitive activities, cooperative activities, dance, swimming, gymnastics and athletics.

- Acquiring and developing skills
- Selecting and applying skills, tactics and compositional ideas
- Evaluating and improving performance
- Knowledge and understanding of fitness and health.

**As a school that respects the rights of the children and adults in our school family, community and beyond, we aim for each school policy to adhere to articles set out in the convention. Article 28 states: You have the right to a good quality education. You should be encouraged to go to school to the highest level you can.**

**Other articles pertinent to policies relevant to teaching and learning across school are:**

**Article 3: All adults should do what is best for you. When adults make decisions, they should think about how their decisions will affect children.**

**Article 12 : You have the right to give your opinion, and for adults to listen and take it seriously.**

**Article 29: Your education should help you use and develop your talents and abilities. It should also help you learn to live peacefully, protect the environment and respect other people. Article 31: You have the right to play and rest.**

In the academic year 2013-2014, this curriculum has been reviewed in line with the new National Curriculum changes; which are effective September 2014. Amendments have been made accordingly annually to ensure fit for purpose in our context.

## **Computing**

Information Technology is not seen as a separate area of the curriculum, but as a tool for accessing learning across every area of the curriculum and the specific skills of IT will be taught through all other curriculum areas. Key skills IT deals with the application of IT to specific purposes. It is not just about using software packages or using operating systems, neither is it concerned only with keyboarding skills and student's ability to copy-type or follow instructions. Rather, key skills IT is about how students use their knowledge about IT to find, develop and present information, whether it is text, image or numbers, or all of these in an integrated task.

Computing includes the ability to use a range of information sources and IT tools to find, analyse, interpret, evaluate and present information for a range of purposes across the curriculum.

IT teaching offers opportunities for children to:

- develop IT capability, including their knowledge and understanding of the importance of information and of how to select and prepare it;

- develop their skills in using hardware and software to manipulate information in their processes of problem solving, recording and expressive work;
- develop their ability to apply their IT capability and IT to support their use of language and communication, and their learning in other areas;
- explore their attitudes towards IT, its value for themselves, others and society, and their awareness of its advantages and limitations.
- Specific to Knowledge and Understanding, children should understand how IT can be used to communicate and handle information, control and monitor events, and model real and imaginary situations.
- New technologies are purchased by school and used to develop the skills of children with Special Education Needs and Disabilities. School acts on advice of outside Agencies and other Professionals when purchasing new programs for this group of individuals.

### **Time Allocation**

Throughout the school year we aim to seek a balance between all subject areas. Physical Development will be taught discretely providing flexibility for short and long projects at a relevant time for the children to build onto all their learning. There will be an allocated time for Physical development on the weekly timetable (at least 2 hours). Teachers will use their professional judgement in deciding the best use of time. Children will also be invited to take part in study support activities, residential visits and afternoon games sessions (replacing afternoon 'break' times).

### **Strategies for the Teaching Of Physical Development Teaching and Learning Style:**

In planning to meet the needs of each individual we will:

- Motivate and stimulate interest and excitement for learning
- Ensure children discuss their learning and take an active part
- Ensure children are given opportunities to develop the knowledge and key skills identified in the National Curriculum
- Provide a broad and balanced curriculum using a thematic approach where curriculum areas are linked.
- Ensure that we use a range of classroom practice and teaching style appropriate to the needs of the learners in the group.
- Use the full range of differentiation strategies to ensure that all learners have the opportunity to access the curriculum and make progress and adopt teaching methods that reflect the differing learning styles of the individuals in the group.
- Address the literacy and numeric needs of each individual and make full use of ICT in the provision of learning opportunities for all learners with additional educational needs, setting appropriate yet challenging targets for improvement.
- Monitor progress against targets and share the information with the learner.
- Seek to overcome potential barriers to effective inclusion.
- Ensure display in the learning environment celebrates the achievement of our children and scaffolds their learning to extend their achievement further.
- Provide home learning activities which extend and support learning.

### **Curriculum Planning For Physical Development**

Specific skills and knowledge developed through Physical Development are part of the foundation subjects in the National Curriculum. Our school uses the National Curriculum of work as the basis for its curriculum planning in Physical Development We have adapted the national curriculum to the local circumstances of our school.

We carry out the curriculum planning in Physical Development in three phases: long-term, medium-term and shortterm.

**Long-term plans** map out the areas of Physical Development covered in each term during the key stage. The curriculum leader for Physical Development will liaise with all curriculum leaders to ensure that learning builds upon learning.

**Medium -term** plans provide:

A mapping overview of content [which are constantly being reviewed and amended to ensure relevance for the cohort of children, give details of each unit of work for each term. They ensure an appropriate balance and distribution of work across each term.

Key skill development to ensure children progress at a level according to their ability. They identify learning objectives and outcomes for each Physical Development topic.

**Short term /Weekly plans** are completed by staff for each lesson. These include:

- the specific learning objectives for each lesson and detail how the lessons are to be taught.
- success criteria which are shared with the children to ensure children understand their next steps to learning. □ activities to engage the children and to lead their development through active participation.

Planning is based upon the National Curriculum Learning Objectives; however other documents are referred to by staff – Durham PE Scheme, Tops Cards and other applicable schemes.

We plan the activities in Physical Development so that they build upon the prior learning of the children. We give children of all abilities the opportunity to develop their skills, knowledge and understanding and we also build planned progression into the scheme of work, so that the children are increasingly challenged as they move through the school.

Planning is recorded on the intranet and is accessible by all staff. In this way subject/curriculum leaders can monitor and develop learning within their curriculum area. Termly scrutinies of planning and work are carried out by all staff with feedback given to ensure children access the full curriculum.

We will ensure that we plan to meet the needs of the following clearly identifiable groups:

- Gifted and talented learners
- Learners with disabilities
- Learners from different ethnic groups
- Learners for whom English is an Additional Language
- Learners with Special Needs
- Girls and Boys
- Learners from different faiths
- Learners with emotional, behavioural or social needs □Learners who are at risk of disaffection or exclusion
- Learners who are “Looked After” in public care
- Learners who are ‘disadvantaged and others.’

### **Early Years and Foundation Stage**

We teach physical development to children in Foundation Stage as an integral part of the themed work (linked to children’s interests) covered during the year. The physical development section of the Early Years Outcomes included moving and handling as well as health and self-care. As the reception class is part of the Foundation Stage, we relate the physical development aspects of the children’s work to the objectives set out in the Early Years Outcomes which underpin the curriculum planning for children aged three to five. Physical development makes a significant contribution to the Early Years Outcomes objectives, developing a child’s coordination, control, manipulation, movement, awareness of the benefits of a healthy lifestyle and their positive sense of well-being. Forming the foundation for later learning.

### **Spiritual, moral, social and cultural development**

Learning through physical development contributes to the children’s spiritual development. We also provide children with the opportunity to discuss moral questions, what is right and wrong. Children learn how society has changed and develop skills to become good citizens. They study their own rich cultural heritage and develop an understanding of how this culture is enriched by the multi-cultural British society of today, based on British values of democracy, the rule of law, individual liberty and mutual respect and tolerance of those with different faiths and beliefs.

### **Resources**

We have sufficient resources in our school to be able to teach all the Physical Development requirements of the

National Curriculum. We keep these resources in a central store - resources are grouped into areas - e.g. dance, invasion games, net games, striking/fielding games, gymnastics, athletics and OAA. The SLT audit resources to ensure they are matched to any changes in the curriculum.

## **Assessment**

A variety of assessment takes place to monitor the progress of our children with regards to Physical Development. We carry out both formative and summative assessment:

### **Formative assessment**

We follow the principles of Assessment for Learning in all of our Physical Development teaching and learning. This involves identifying a child's progress in each attainment target, determining what each child has learned and identifying the next steps in his/her learning, linked to the learning intention and success criteria for the session. Formative assessment is an integral part of all Physical Development sessions. Effective tools used by our teaching staff include:

- Sharing explicit learning intentions and success criteria
- Quality questioning
- Self assessment and peer assessment against learning intentions and success criteria

### **Summative Assessment**

Teachers record the achievements of pupils in Physical Development. We report these achievements to parents each year.

Medium term assessment in Physical Development is carried out at the end of each term. Then at the end of the unit, children complete another core task which is used to assess them and children are highlighted if they are achieving above or below the expectations for their particular year group. Children not highlighted are deemed to be working in line with expectations.

Short term assessment is carried out by individual class teachers using informal and formal observations of individual lessons and these are recorded on weekly lesson plans.

## **Inclusion**

The governors and staff of the academy are committed to providing an inclusive range of high quality learning opportunities for everyone involved with the school and Community. We will ensure that everyone has an equal opportunity to access the full range of provision available in Physical Development and will actively seek to remove barriers to learning and participation. The teaching and learning, achievements, attitudes and well-being of every child are important. We follow the necessary regulations (set out in the SENd Code of Practice (2014)) to ensure that we take the experiences and needs of all our children into account when planning for learning.

### **Teaching Physical Development to Children with Special Needs**

At our school we teach creative development to all children, whatever their ability. Physical development forms part of the school curriculum policy to provide a broad and balanced education to all children. Through our Physical development teaching, we provide learning opportunities that enable all pupils to make progress. We do this by setting suitable learning challenges and responding to each child's different needs through differentiated activities.

Assessment against the National Curriculum allows us to consider each child's attainment and progress against age related expectations.

When progress falls significantly outside the expected range, the child may have special educational needs. Our assessment process looks at a range of factors – classroom organisation, teaching materials, teaching style, and differentiation – so that we can take some additional or different action to enable the child to learn more effectively. This ensures that our teaching is matched to the child's needs.

Intervention is provided, as set out in the renewed SEN code of Practice (2014), through quality first teaching and where a child is in receipt of a statement of Special Educational Needs or Education Health Care (EHC) plan a specific education plan will be in place linked to specific targets. The targets may include, as appropriate, specific targets relating to physical development.

We enable pupils to have access to the full range of activities involved in this subject. Where children are to participate in activities outside the classroom, for example, an educational visit, we carry out a risk assessment prior to the activity, to ensure that the activity is safe and appropriate for all pupils.

### **Role Of The Curriculum Leader/Subject Leader**

The role of all subject leaders will consist of:

- Lead curriculum development in the area throughout the school
- Plan progressive curriculum throughout the school linked to identified themes ensuring that key skills are developed
- Monitor progress through curriculum area and ensure this is tracked on a termly basis
- Develop annual Curriculum action plan which feeds directly into the School Improvement Plan
- Review the policy and scheme of work which will inform action plan
- Carry out an audit of resources annually which will inform action plan
- Organise, maintain, order resources using the allocated annual budget available.
- Ensure children's work is recorded and moderated across the school in the curriculum area.
- Lead professional development across school in response to need
- Provide support and advice to colleagues
- Keep up to date with developments in curriculum area and feed information into Senior Leadership Team
- Share achievements and developments with the Directors of the Academy and ensure they are informed of curriculum developments on termly basis.
- Evaluate the impact that the new P.E. funding is having on the development on P.E.

The Subject Leader has the responsibility for overseeing and resourcing the subject. There is an annual budget for resourcing physical development so that effective teaching can take place and the school's policy can be maintained. This may vary from year to year according to curricular priority and resources available.

**Monitoring And Review** The curriculum leader is responsible for monitoring planning, the standard of children's work and the quality of teaching. Curriculum leader carries out planning and work scrutinies. This involves interviewing children across key stages. Children are asked focused questions about their learning with their work. This enables curriculum leaders to monitor progress within their subject. The curriculum leader supports colleagues in the teaching of Physical

Development, by giving them information about current developments in the subject and by providing a strategic lead and direction for the curriculum area in the school. The curriculum leader is also responsible for devising an annual action plan devised by the curricular team [Summer term] and evaluating this on a termly basis, evaluating strengths and weaknesses in the curriculum area and indicating areas for further improvement. The curriculum leader is responsible for providing an annual overview to the Governing Body. Curriculum leaders meet with governors on a termly basis to discuss current developments in their subject. Key questions are discussed during these meetings. Through monitoring and evaluating our practice, constantly reviewing what we do, we will address the following key questions, as identified in our inclusion Policy:

- Do all our children achieve as much as they can?
- Are there differences in the achievement of different groups of children?
- What are we doing for those children who we know are not achieving their potential?
- Are our actions effective?
- Is the curriculum promoting outstanding learning?

### **Leadership**

The senior leadership team and the curriculum leader or teacher responsible for the subject should have a clear view of the purpose of curriculum development in this area and how learning outcomes can be achieved. Effective communication is necessary at all times. Sharing ideas, involving others in leadership and management considerations can ensure that all staff understand the requirements and that individual talents are put to full use. All staff have a responsibility in maintaining a positive approach to teaching, maintaining high moral stance, clear vision. Effective interaction and collaboration calls for active participation from all.

**Health And Safety**

The teacher will be responsible for planned activities within physical development that are appropriately risk assessed to comply with health and safety requirements. They are also responsible the health and safety of themselves, classroom assistants, visitors and pupils within their class.

**Signed****Signed****Chair of Local Governing Body****Headteacher**