



Benedict Biscop C.E. Academy

"Benedict Biscop is aspirational and nurturing" – Ofsted 2024

Marcross Drive, Moorside, Sunderland, SR3 2RE ~ Telephone: (0191) 594 7033

Email: bbinfo@nllt.co.uk ~ Website: www.benedictbiscopacademy.co.uk

Headteacher: Mrs S Armstrong

'With God, all things are possible'

Tuesday 28th January 2025

Dear Parents & Carers,

We are delighted to announce an exciting upcoming event organised by our **Rights Knights** in support of the **Red Sky Foundation**. On **Friday, 7th February**, we will be hosting a special **'Wear It Red' Day** to raise awareness for heart disease and encourage healthy lifestyle choices.

Throughout the day, pupils will participate in various keep-fit activities while showing their support for this important cause. We kindly ask that all children come to school dressed in appropriate sportswear with an **item of red** to symbolise their support for the Red Sky Foundation.

In addition to the fitness activities, we would like to encourage:

- **Packed lunch pupils** to bring a healthy lunch.
- **School dinner pupils** to try something new, such as fruit or salad.

Children will receive a card to track their participation, including the exercises they complete, how much water they drink, and any new healthy foods they try. These cards can be returned to school to enter a **prize draw** for all who take part.

This is a fantastic opportunity to support a worthy cause, and we are suggesting a donation of **£1 per child**, which can be handed in at the school door during drop-off or given to their class teacher.

We are very much looking forward to this exciting event and hope your child enjoys the day as we raise funds and awareness for heart health!

Thank you for your continued support.

Yours sincerely,
Mrs. Armstrong
Headteacher

On behalf of the Rights Knights Team



Benedict Biscop C.E. Academy is part of Northern Lights Learning Trust, an exempt charity. It is a company registered in England and Wales under the company number 07909140.

Benedict Biscop C.E. Academy is committed to the protection and safety of its pupils and staff.